



Week of May 18, 2020  
Created by Jessica Clifton



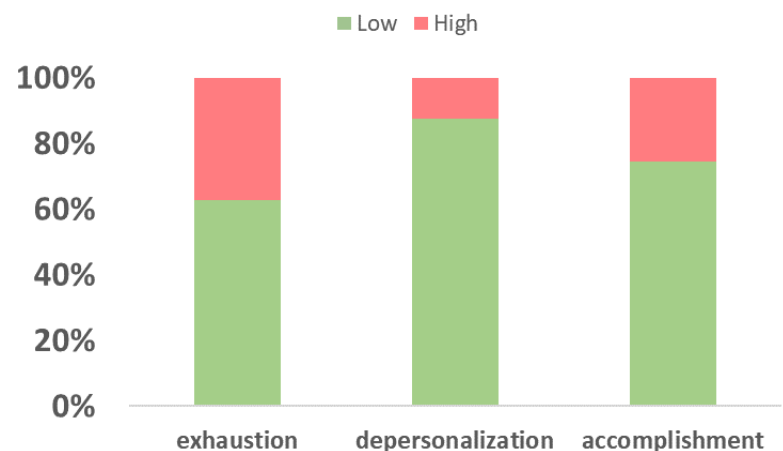
## LIVING & WORKING IN PRIMARY CARE DURING COVID-19

A research study to understand how  
the primary care professional is  
personally affected during this crisis

**Week 1:** Thank you everyone for your participation!  
This week's questions focused on aspects of acute occupational burnout: emotional exhaustion ("I feel emotionally drained"), depersonalization ("I've become more callous"), and personal accomplishment ("I feel I am positively influencing others lives").

**Methods:** REDCap online survey was distributed starting May 18, 2020 to primary care professionals and organizations nationally, including: NAPCRG, AAFM, CFHA, SGIM, UVM Medical Center, Kaiser Northern California, California Nurses Association, reddit, twitter, etc. Recruitment efforts will continue throughout the COVID-19 crisis. Participants can choose to complete the survey once or several times. The survey occurs weekly and is dynamic in order to include pressing questions.

**Participants:** As of May 23, 2020, we have recruited 177 respondents from 39 states. Including 48% physicians, 3% nurse practitioners and physician assistants, 14% nurses, 4% medical assistants, 22% behavioral health providers, and 5% administrative support staff. 74 % of participants have been women, 80% white, and the average years working in their current role is 14 years (median; 0.4 to 70 years).



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Note: These preliminary results should be interpreted with caution. The small sample size makes the current findings not generalizable. Meaning that we cannot assume these data represent all primary care professionals. Additionally, the aMBI (Riley, et al., 2017) was modified to assess acute (weekly) aspects related to occupational burnout (range of each subscale: 0-12). Therefore, the results cannot be compared to other samples using the aMBI. Higher scores indicate more burnout (personal accomplishment was flipped for ease of interpretation).