Support Groups
For Cancer Patients and Families

The following UVMCC support groups are free to attend. Dates and times are subject to change; please call the contact person listed for up-to-date information. For a list of other support groups and resources throughout the state, please visit the Vermont Cancer Survivor Network website and click on the “Resources” link: http://vcsn.net/

SURVIVOR/CAREGIVER LUNCH TIME MEETING
For cancer patients and the people who love them. Lunch is provided.
When: 2nd Tuesday of the month
Time: 12:15pm - 1:30pm
Where: Frymoyer Community Resource Center
Contact: Kathleen McBeth, (802) 847-5715

CAREGIVER LUNCH TIME MEETING
For individuals caring for a loved one with cancer. Lunch is provided.
When: 4th Tuesday of the month
Time: 12:15pm - 1:30pm
Where: Frymoyer Community Resource Center
Contact: Kathleen McBeth, (802) 847-5715

MULTIPLE MYELOMA SUPPORT GROUP
When: 3rd Tuesday of the month
Time: 5pm - 6:30pm
Where: Hope Lodge Conference Room
Contact: JoAnn Nielson, (802) 847-5649

LEUKEMIA, LYMPHOMA, MYELOMA FAMILY SUPPORT
When: 1st Wednesday of the month
Time: 5pm - 7pm
Where: Call for location and directions
Contact: Michele Mosley, (802) 847-0467

WOMEN’S CANCER SUPPORT GROUP
When: 1st Tuesday of the month
Time: 5pm - 6:30pm
Where: Frymoyer Community Resource Center
Contact: Colleen Cargill, (802) 847-9647

GYNECOLOGIC MALIGNANCIES SUPPORT GROUP
For women with gynecological cancers.
When: 3rd Monday of the month
Time: 5:30pm - 7pm
Where: Hope Lodge Conference Room
Contact: Stephanie Fraser, (802) 847-3234

FRIENDS FOR LIFE SUPPORT GROUP
Mindfulness group for people living with cancer.
When: Call for dates and times
Where: Steps to Wellness, 62 Tilley Drive
Contact: Julia Wick (802) 847-5609

YOUNG SURVIVORS GROUP
For cancer patients ages 18-40.
When: 4th Tuesday of the month
Time: 5:30pm
Where: Frymoyer Community Resource Center
Contact: Kathleen McBeth, (802) 847-5715

CHILDREN’S WORKSHOP
For children who have a parent or adult caregiver currently being treated for cancer.
When: Seasonal Offerings (call for dates)
Time: 5:30pm - 7:30pm
Where: Call for location
Contact: Ali Waltien, (802) 847-4069

PARENTING WITH CANCER SUPPORT GROUP
For people who have cancer and are also raising children (infancy-21 years). Must pre-register.
When: Call for dates, times, and location
Contact: Ali Waltien, (802) 847-4069

YOUTH AND FAMILY Bereavement GROUPS
Three groups meet concurrently to support the needs of grieving families. Children, teen, and adult groups all available.
When: Last Saturday of every month
Time: 10am - 12pm
Where: Call for location
Contact: Ali Waltien, (802) 847-4069

HEALING ART & WRITING
Two hour drop-in session. Explore art and writing to reduce stress and invite creativity.
When: Tuesday 10am - 12pm
Where: Hope Lodge
Contact: Patricia Fontaine, (802) 985-5691