VOLUNTEER FOR A RESEARCH STUDY!

We are looking for volunteers participating in a nutrition research study conducted at the Clinical Research Center (CRC) at the University of Vermont seeking to better understand the potential benefits of dairy fat against type 2 diabetes.

Qualified participants must be:

- Men and women ages 45-75
- Having consistent dietary habits that include dairy products
- Available for 8 consecutive weeks

What is required?

The total length of commitment will be 8 consecutive weeks consisting of 4 diet periods during which all food will be provided by the CRC.

This study involves:

- Questionnaires
- Physical exam and blood test to determine eligibility
- Blood and stool tests at baseline and the end of two experimental diet.

$1,000 compensation is provided if you qualify and complete the study.

For more information and to schedule a screening, please call: 802-656-9422 and leave your name and contact number or email foodstudy@uvm.edu (Email is preferred).

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