

# Randomized Control Study of Behavioral Activation/Problem-solving Rehabilitation Intervention for Breast Cancer Survivors

The purpose of this study is to test a recovery program designed to help women who have completed treatment for breast cancer increase their activity level, productivity and find ways to enjoy the important activities in life.

# Who can participate?

Females 18 years or older within one year of completion of treatment for stage I, II, III breast cancer.

# Time or other commitments required of participants:

13 telephone calls (each 20 – 60 minutes long).

## **Participants will receive:**

A Coach will work with you by telephone once a week for six weeks then once a month for three months. People in our studies have found ways to increase and enjoy activities involved in:

- Work and career
- Home management
- Exercise and eating well
- Parenting

- Socializing
- Leisure
- Stress management

### Is compensation provided?

Yes.

### To participate, please contact:

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