Table, Supplemental Digital Content 2. Fracture types of both treatment groups

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| **Fracture type** | **SFH (n=35)** | **SS (n=35)** |
| Ankle  | 37.1 (13) | 40.0 (14) |
| Calcaneus | 8.6 (3) | 8.6 (3) |
| Tibia shaft | 31.4 (11) | 31.4 (11) |
| Distal humerus | 2.9 (1) | 0.0 (0) |
| Tibia plateau | 0.0 (0) | 8.6 (3) |
| Pilon  | 17.1 (6) | 11.4 (4) |
| Metatarsal | 2.9 (1) | 0.0 (0) |

Data is presented as frequencies with counts indicated in parentheses.