

Powerful Tools for *Caregivers*

Class Leader Training

Dates: June 18th and 19th, 2018

8:00AM – 4:30PM both days

Windjammer – Best Western – South Burlington, VT

Space is limited. Contact Jeanne Hutchins to secure a space and to receive registration materials

Jeanne Hutchins

89 Beaumont Street

Courtyard, N208

Burlington, VT 05405

802-656-0292 Phone – Jeanne.hutchins@med.uvm.edu

Trainees are required to attend the ENTIRE training.

Fee: \$ 150.00 (payable to UVM Medical Center mailed to Jeanne Hutchins at address above).
Payment must be received 5 days prior to training.

Includes:

- Scripted curriculum for all classes (*90-minute* and *2½ hour Scripts*, and *Class Leader Tips* manuals)
- DVD, and one copy of *The Caregiver Helpbook*
- Beverages and Snacks (plan to bring a lunch)

Trainees will learn skill-building activities to:

- Conduct the *Powerful Tools for Caregivers* program with a trained co-leader.
- Use the *Class Leader Tips Manual*, *Leader Scripts* and *The Caregiver Helpbook*.
- Use five self-efficacy enhancing strategies: skill mastery through making an action plan; solution-seeking; modeling; reinterpretation of beliefs/thoughts; and persuasion.
- Apply successfully the following training techniques: leader presentation; discussion; brainstorming; modeling/practice; feedback and solution-seeking; and dramatization.