Working Agenda

8:00-8:30am – Registration

8:30-8:45am – Welcome and Agenda Overview

8:45-9:30am – Keynote
*Caring for Individuals and Families through the End of Life, a Shared Responsibility*
Kathy Kirkland, D-H Section Chief and Director, Palliative Medicine

9:30-9:40am – Stretch at your seat break

9:40-10:30am – Panel #1
*Hospice & Palliative Care – What Everyone Should Know*
Janice McDermott, ED NHPCO
- Bayada Hospice (Cynthia Stadler, RN, Community Liaison)
- Lake Sunapee VNA (John Cassel, Chaplain)
- Visiting Nurse and Hospice of Vermont and New Hampshire (Lori Menard, MSW)
- Androscoggin Home and Hospice (Elizabeth Hart, MD)

10:30-10:45am – Break

10:45-11:45am – Panel #2:
*How to Talk about Death and Dying*
Host: Lora Gerard of D-H Aging Resource Center
- Honoring Care Decisions (Belinda Ray, Program Coordinator)
- Changing the Dialog (Virginia Morris, Author)
- Death Café (Cynthia Stadler, Bayada)
- United Valley Interfaith Project’s "Useful Tools for Aging with Dignity" (Jan Lord)
- Estate and Transitions Planning (Tim Caldwell, Caldwell Law)
- End of Life Personal Services (Michelle Acciavatti, Ending Well LLC)

11:45am-12:20pm – Lunch and Community Resource Swap*
Tables in meeting room with brochures and representatives of a wide range of programs and services to support communities.

12:20-1:00pm – End Note
*Anticipating Challenges and Understanding Choices at the End of Life*
Cindy Bruzzese, Vermont Ethics Network

*Participants are encouraged to bring informational materials about their services and programs to include in the Community Resource Swap. Please let us know if you will be bringing materials: patriciafkimball@gmail.com
Optional:
1:00-3:00pm – Upper Valley Aging in Community Quarterly Forum

Directly following the formal Summit, the Public Health Council of the Upper Valley will hold their Upper Valley Aging in Community Quarterly Forum at the Fireside Inn. Attendees to the Summit are invited to join this meeting.

Like Bees to Honey: Creative Ways to Reach Older Adults Who Won’t Ask for Support
If you are part of a community-based volunteer group providing support to older adults living in your community, come hear and share creative ideas for finding people who might need some support but are not likely to ask for it. When flyers or social media don’t seem to be working well enough, what are some other things you can try? A tea party? A Book Club? Join us to learn more.