



# I AM A WARRIOR.

*Chris Holmes, MD, PHD  
Hematology/Oncology*

**I am a physician scientist.**

Actively engaged in the war on cancer, Associate Professor of Medicine **CHRIS HOLMES, M.D., PH.D.**, is investigating how the three trillion platelets in our blood, which aid with clotting, can be coaxed to act as anti-cancer agents. She and her team of researchers have published an encouraging study showing that preventing platelets from releasing proteins may inhibit cancer cells from spreading, and are now looking at anti-platelet and aspirin therapy as weapons to help in this important fight. She brings that determination and unwavering commitment to her patients every day, and is an inspiration to her students and faculty colleagues at the University of Vermont College of Medicine.



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