

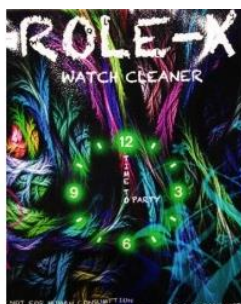
BATH SALTS : *New Substance Abuse Drugs*

What are “Bath Salts”?

“Bath Salts” are **new designer drugs**, which can be easily purchased over the internet and in convenience stores and smoke shops in many states. “Bath Salts” may contain a number of synthetic chemicals including Methylenedioxypropylvalerone (MDPV), Mephedrone and Methylone. They have similar effects to Methamphetamine and Cocaine. The Drug Enforcement Administration has temporarily scheduled these chemicals as Schedule 1 substances, meaning they have a high potential for abuse. However, federal laws banning these drugs are pending legislative approval.

Bath Salts are **ILLEGAL** in Vermont, Maine and New York

What do they look like?



Common names for these drugs:

Ivory Wave, Vanilla Sky, Pure Ivory, Whack, Bolivian Bath, Purple Wave...and many others

Forms Available: Capsules, Powder, Dry Leaves

How can people use this drug? → → → Smoke, Inject, Snort, Oral

Bath Salts: Cost & Comparison

Bath salts per gram: \$18.00

Marijuana: \$8.33

Ecstasy: \$140.00

Cocaine: \$166.90

Meth: \$365.79

Why are they so popular?

- Easily available
- Cheap
- Legal in some countries
- Doesn't show up on drug tests
- Causes euphoria, elevated mood, stimulation, etc.



What are the health effects of “Bath Salts”?

- Violent behavior, homicidal & suicidal tendencies, extreme paranoia, hallucinations, delusions, increased heart rate, hyperthermia, kidney failure, heart attack, seizures, muscle damage, stroke, necrotizing fasciitis, death.
- These drugs make users unusually psychotic: people have committed horrible acts of violence against themselves and others, believing that monsters, demons and aliens are out to get them.

Are Bath Salts addictive?

Yes, bath salts are highly addictive. Despite having a horrible “trip,” users experience such strong cravings that they are unable to stop using the drug without undergoing treatment.

What is a parent’s role?



- Most important is to communicate with your child and educate them about the dangers of substance use.
- Educate your child about proper internet use.
- Set limits of internet use and availability. Use supervision if you are concerned.
- Always address misuse of the internet with your children with explanations and consequences.
- Take time to find out about your child’s friends and places where he/she spends time.
- Monitor what your child buys on the internet. Bath salts are expensive.
- Monitor your child progress at school.
- If you’re worried, discuss the issues your child with your primary care physician.

Resources:

- Always remember your primary care physician
- Northern New England Poison Center
Hotline: 1-800-222-1222
- Howard Center Crisis Phone Numbers for Children and Families: 802-488-7777
For Adults: 802-488-6400
- Champlain Valley Area of Narcotics Anonymous
24 Hour Helpline: (802) 862-4516
For information email: publicinformation@cvana.org
- Alcoholics Anonymous (Burlington, VT)
Hotline: (802) 860-8382
For information visit: <http://burlingtonaa.org>

