

Adolescent & Young Adult Behavioral Health Collaborative Innovation & Improvement Network

December Virtual Learning Session: Public Health Arm

Tuesday, December 6th, 2022 - 1:00-2:15pm ET

This session will be recorded and shared for viewing.

Welcome to the December Learning Session!

In the chat, let us know where
you're tuning in from and something
you're looking forward to in 2023



Acknowledgements

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- **Grant Period:** September 1, 2018 – August 31, 2023 (5 years)
- **Project Officer:** Pamela Vodicka, MS, RD
- **Name:** Adolescent and Young Adult Health National Capacity Building Program (AYAH-NCBP)
- **Lead Organization:** National Adolescent Health Information Center (NAHIC), at the University of California at San Francisco (UCSF)
- More information at nahic.ucsf.edu/resource-center/
- The contents of this presentation are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government.

Today's Agenda

- I. Welcome and Project Reminders**
- II. Review: Sustainability Domains**
- III. Group Discussion: Program Sustainability Assessment Tool results**
- IV. Wrap up**

AYAH-NRC CoIIN Team: Main Contacts

AMCHP



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Achieve an **80%** screening rate of patients ages 12-25 for a major depressive episode using an age-appropriate **standardized tool** with documentation of a **follow-up plan** if the screen is positive.

Upcoming Reporting Requirements

Reporting Mechanism	Frequency of Reporting	Next round due:
State Capacity Assessment	Every 6 months	January 13 th , 2023
PDSA Cycles (these forms will serve as your progress reports)	Monthly <i>Add new PDSA cycles to report new activities and update existing PDSA cycles to report progress on existing activities</i>	December 9 th , 2022

Technical Assistance Available!

Adolescent & Young Adult Health
National Resource Center

AYA Behavioral Health CoIIN Technical Assistance
State Team Request Forms

This document includes the following components:

<u>AYAH National Resource Center Overview</u>	1
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<u>Technical Assistance Support available</u>	2
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<u>Approval Procedure</u>	2
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AYAH National Resource Center Overview

The Adolescent and Young Adult Health National Resource Center (AYAH-NRC) aims to improve the health of adolescents and young adults (AYAs) by strengthening the capacity of State Title V MCH Programs and partners to address the needs of AYAs (ages 10-25). Our work focuses on increasing the receipt of quality preventive visits for AYAs. This is a focus of many state Title V programs, including those that selected National Performance Measure (NPM) #10: percent of adolescents (ages 12-17) with a past-year preventive visit ([Click here for more information about NPMs](#)).

We place special emphasis on two areas:

- Improving the delivery of preventive services related to behavioral health, including depression screening and follow-up
- Strengthening focus on the distinct needs of young adults in state-level initiatives.

AYA Behavioral Health Collaborative Improvement & Innovation Network

The AYAH-NRC has embarked on a new collaboration to increase and improve depression screening and follow-up for young people. The inaugural cohort of the AYA Behavioral Health Collaborative Improvement and Innovation Network (CoIIN) is composed of multidisciplinary teams that will operate through their public health systems (led by state Title V/maternal and child health programs) and primary care systems (led by clinical partners and practices).

Although depression is increasing among young people, screening rates and referrals to treatment remain low. Clinicians in busy practices often lack the skills to screen for depression, and even when they can find time to do the screening, many are faced with few options for further assessment and treatment for young people and their families. In 2017, 13.3 percent of adolescents aged 12 to 17 (or 3.2 million people) and 13.1 percent of 18- to 24-year-olds (or 4.4 million people) reported having a major depressive episode (MDE) in the past year. According to the Youth Risk Behavior Survey, 31.5 percent of students had experienced persistent feelings of

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- Fill out the required TA request form
- Submit via email to **Anna** (acorona@amchp.org) and **Iliana** (iwhite@amchp.org)

PDSA Highlight!

- Which state COLLN team had its contracted youth ambassadors create a survey instrument to gauge the top resources that would be most useful to youth populations regarding their mental health?



Washington University's (St. Louis, MO) Eight Domains for

PROGRAM SUSTAINABILITY

As we walk through each domain...

- **Reflect on how your team “scored” based on the sustainability assessment provided**

Environmental Support: Having a supportive internal and external climate for your program

	To little or no extent					To a very great extent		Not able to answer
1. Champions exist who strongly support the program.	1	2	3	4	5	6	7	NA
2. The program has strong champions with the ability to garner resources.	1	2	3	4	5	6	7	NA
3. The program has leadership support from within the larger organization.	1	2	3	4	5	6	7	NA
4. The program has leadership support from outside of the organization.	1	2	3	4	5	6	7	NA
5. The program has strong public support.	1	2	3	4	5	6	7	NA

Let's Discuss

- Where has your team excelled in this domain?
- Where are there opportunities to grow in this domain?

Funding Stability: Establishing a consistent financial base for your program

	To little or no extent					To a very great extent		Not able to answer
1. The program exists in a supportive state economic climate.	1	2	3	4	5	6	7	NA
2. The program implements policies to help ensure sustained funding.	1	2	3	4	5	6	7	NA
3. The program is funded through a variety of sources.	1	2	3	4	5	6	7	NA
4. The program has a combination of stable and flexible funding.	1	2	3	4	5	6	7	NA
5. The program has sustained funding.	1	2	3	4	5	6	7	NA

Let's Discuss

- Where has your team excelled in this domain?
- Where are there opportunities to grow in this domain?

Partnerships: Cultivating connections between your program and its stakeholders

	To little or no extent					To a very great extent		Not able to answer
1. Diverse community organizations are invested in the success of the program.	1	2	3	4	5	6	7	NA
2. The program communicates with community leaders.	1	2	3	4	5	6	7	NA
3. Community leaders are involved with the program.	1	2	3	4	5	6	7	NA
4. Community members are passionately committed to the program.	1	2	3	4	5	6	7	NA
5. The community is engaged in the development of program goals.	1	2	3	4	5	6	7	NA

Let's Discuss

- Where has your team excelled in this domain?
- Where are there opportunities to grow in this domain?

Organizational Capacity: Having the internal support and resources needed to effectively manage your program and its activities

	To little or no extent							To a very great extent	Not able to answer
1. The program is well integrated into the operations of the organization.	1	2	3	4	5	6	7	NA	
2. Organizational systems are in place to support the various program needs.	1	2	3	4	5	6	7	NA	
3. Leadership effectively articulates the vision of the program to external partners.	1	2	3	4	5	6	7	NA	
4. Leadership efficiently manages staff and other resources.	1	2	3	4	5	6	7	NA	
5. The program has adequate staff to complete the program's goals.	1	2	3	4	5	6	7	NA	

Let's Discuss

- Where has your team excelled in this domain?
- Where are there opportunities to grow in this domain?

Program Evaluation: Assessing your program to inform planning and document results

	To little or no extent							To a very great extent	Not able to answer
1. The program has the capacity for quality program evaluation.	1	2	3	4	5	6	7	NA	
2. The program reports short term and intermediate outcomes.	1	2	3	4	5	6	7	NA	
3. Evaluation results inform program planning and implementation.	1	2	3	4	5	6	7	NA	
4. Program evaluation results are used to demonstrate successes to funders and other key stakeholders.	1	2	3	4	5	6	7	NA	
5. The program provides strong evidence to the public that the program works.	1	2	3	4	5	6	7	NA	

Let's Discuss

- Where has your team excelled in this domain?
- Where are there opportunities to grow in this domain?

Program Adaptation: Taking actions that adapt your program to ensure its ongoing effectiveness

	To little or no extent					To a very great extent		Not able to answer
1. The program periodically reviews the evidence base.	1	2	3	4	5	6	7	NA
2. The program adapts strategies as needed.	1	2	3	4	5	6	7	NA
3. The program adapts to new science.	1	2	3	4	5	6	7	NA
4. The program proactively adapts to changes in the environment.	1	2	3	4	5	6	7	NA
5. The program makes decisions about which components are ineffective and should not continue.	1	2	3	4	5	6	7	NA

Let's Discuss

- Where has your team excelled in this domain?
- Where are there opportunities to grow in this domain?

Communications: Strategic communication with stakeholders and the public about your program

	To little or no extent					To a very great extent		Not able to answer
1. The program has communication strategies to secure and maintain public support.	1	2	3	4	5	6	7	NA
2. Program staff communicate the need for the program to the public.	1	2	3	4	5	6	7	NA
3. The program is marketed in a way that generates interest.	1	2	3	4	5	6	7	NA
4. The program increases community awareness of the issue.	1	2	3	4	5	6	7	NA
5. The program demonstrates its value to the public.	1	2	3	4	5	6	7	NA

Let's Discuss

- Where has your team excelled in this domain?
- Where are there opportunities to grow in this domain?

Strategic Planning: Using processes that guide your program’s direction, goals, and strategies

	To little or no extent					To a very great extent		Not able to answer
1. The program plans for future resource needs.	1	2	3	4	5	6	7	NA
2. The program has a long-term financial plan.	1	2	3	4	5	6	7	NA
3. The program has a sustainability plan.	1	2	3	4	5	6	7	NA
4. The program’s goals are understood by all stakeholders.	1	2	3	4	5	6	7	NA
5. The program clearly outlines roles and responsibilities for all stakeholders.	1	2	3	4	5	6	7	NA

Let's Discuss

- Where has your team excelled in this domain?
- Where are there opportunities to grow in this domain?

Up Next

- **Stay tuned! January wrap-up and celebration session**
- **COLN legacy product development**
- **Opportunity for a “booster” in-person TA session**

Contact Us!

- For questions regarding the State MCH/public health activities of the CollN, please contact:
 - Iliana White iwhite@amchp.org; (202) 266-5252
 - Anna Corona: acorona@amchp.org (202) 266-5255
- For questions regarding the clinical collaborative structure of the CollN, please contact:
 - Rachel Wallace-Brodeur: rachel.Wallace-brodeur@med.uvm.edu
 - Phone: (802) 656-9025