The fourteen annual Vermont Area Health Education Centers (AHEC) Geriatrics Conference will be a one-day symposium covering practical and innovative approaches to the medical care of older adults. Physicians, nurses, nurse practitioners, physician assistants, pharmacists, and other health professionals with an interest in the care of older adults are encouraged to attend. The morning agenda will start with a keynote address on drug therapy, and include sessions on the medical use of cannabis and CBD, Act 39 (Patient Choice and Control at End of Life Act), and substance use in older adults. The concurrent sessions will be interactive, case-based discussions on compassionate and motivational interviewing for opioid prescribing, medications for osteoporosis and fragility fractures, changing guidelines and goals for management of diabetes and blood pressure, and stem cell therapies in the older adult. To end the day, a group of panelists will discuss current telehealth practices and their advantages and challenges. Ample time for discussion and questions has been built into the schedule.

LEARNING OBJECTIVES
At the end of this conference, participants should be able to:
1. Describe practical steps to reduce polypharmacy and improve medication management in older adults.
2. Describe the science and clinical use of medical marijuana use.
3. Describe an update on Act 39 and its impact on care of older adults at the end of life.
4. Describe the epidemiology of substance use disorder in the older adult and services available in the state to address this issue.
5. Identify key components and skills for motivational interviewing for opioid use.
6. Describe changing guidelines and goals for management of blood pressure and diabetes in older adults.
7. Explain the use of stem cell therapies in older adults.
8. Describe current telemedicine practices with emphasis on their advantages and challenges.

REGISTRATION
$250 for physicians, $175 for other health professionals and medical residents and $75 for students (proof of full-time student status required). The fee includes the online course syllabus (printed syllabus not available), continental breakfast, lunch and coffee breaks. Enrollment is limited; please register by March 23, 2019. An additional $50 will be added after that date. Refunds may be obtained, minus a $50 administrative fee, if notice of cancellation is received in interest by March 23, 2019. Refunds are not available after that date.

KEYNOTE
Jery Gurwitz, MD
The Dr. John Meyers Professor of Primary Care Medicine
University of Massachusetts Medical School
Chief, Division of Geriatric Medicine
UMass Memorial Health Care Executive Director, Meyers Primary Care Institute

FACULTY
Jeremy Ashton, MDiv, MS, LADC
Substance Abuse Clinician Rutland Evergreen Services, Elder Care, and VT Department of Corrections
Kimberly Fitzgerald, BS
Chief Executive Officer Cathedral Square
Charles Gurney, LICSW, LADC
Coordinator, Substance Use and Aging
State of Vermont Departments of Health, Alcohol and Drug Abuse Programs and Disabilities, Aging and Independent Living (DAIL)
Miranda Nurkanovic, DNP, APRN
Family Nurse Practitioner Thomas Chittenden Health Center

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FACULTY
Kathleen Boland, PharmD
Clinical Associate Professor, Family Medicine
Associate Professor, Pharmacy Practice, Albany College of Pharmacy & Health Sciences—Vermont
Jaina Clough, MD
Assistant Professor, General Internal Medicine and Geriatrics
Jennifer Kelly, DO
Associate Professor, Medicine Director, Metabolic Bone Program

CONFERENCE FACULTY
Karen Lounsberry, PhD
Professor, Pharmacology
Isaura Menzies, MD, MPH
Associate Professor, General Internal Medicine and Geriatrics
Executive Director, Meyers Primary Care Institute

CONFERENCE DESCRIPTION
The Vermont Geriatrics Conference will be held on April 11, 2019, at the DoubleTree Hotel Burlington, Vermont. The fourteenth annual Vermont Area Health Education Centers (AHEC) Geriatrics Conference will be a one-day symposium covering practical and innovative approaches to the medical care of older adults. Physicians, nurses, nurse practitioners, physician assistants, pharmacists, and other health professionals with an interest in the care of older adults are encouraged to attend. The morning agenda will start with a keynote address on drug therapy, and include sessions on the medical use of cannabis and CBD, Act 39 (Patient Choice and Control at End of Life Act), and substance use in older adults. The concurrent sessions will be interactive, case-based discussions on compassionate and motivational interviewing for opioid prescribing, medications for osteoporosis and fragility fractures, changing guidelines and goals for management of diabetes and blood pressure, and stem cell therapies in the older adult. To end the day, a group of panelists will discuss current telehealth practices and their advantages and challenges. Ample time for discussion and questions has been built into the schedule.

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THURSDAY, APRIL 11, 2019

10:05 Break and Exhibits

1:20 Concurrent Sessions:  

1:20 Concurrent Sessions, Cont’d.

2:25 Repeat of 1:20 Sessions

3:40 Current Telehealth Practices: Advantages and Challenges

4:55 Conclusion

5:00 Conference Adjourns

1. Interviewing for Opioid

2. Medication for Osteoporosis

3. Changing Guidelines: Changing Goals: Hypertension and Diabetes Treatment

4. Stem Cell Therapies and Older Adults

IN SUPPORT OF IMPROVING PATIENT CARE, THE Robert Larner, M.D. College of Medicine At The University of Vermont is jointly accredited by the Accreditation Council for Continuing Medical Education (ACME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for healthcare professionals. This activity was planned by and for the healthcare team, and learners will provide you with your preferred sessions.

Based on receipt of registration, every effort will be made to change. Registrants will attend two of four breakout sessions offered.

This conference includes 1 credit in Prescribing Controlled Substances and 1 credit in Hospice, Palliative Care, Pain Management. This program has been reviewed and is acceptable for up to 7.25 Nursing Contact Hours. This program has been reviewed and is approved for pharmacists for up to 7.25 Contact Hours/.725 CEU.

The University of Vermont designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

In support of improving patient care, The Robert Larner, M.D. College of Medicine At The University of Vermont is jointly accredited by the Accreditation Council for Continuing Medical Education (ACME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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Due to time constraints, credit is pending. Credit is pending. Credit is pending for the following providers: Nursing Home Administrator, Psychology and Social Work.

**Topics Covered:**

- Interviewing for Opioid
- Medication for Osteoporosis
- Changing Guidelines: Changing Goals: Hypertension and Diabetes Treatment
- Stem Cell Therapies and Older Adults

**Contact Information:**

- Phone: (802) 656-2292 Fax: (802) 656-1925
- Email: info@med.uvm.edu

**Website:** www.med.uvm.edu/cme

**CME Information:**

- $250 Physicians
- $175 Other Health Professionals and Residents
- $75 Students (proof of full-time enrollment needed)
- Add $50 after March 23, 2019

**Payment Method:**

- To pay by credit card, please visit us online at: www.med.uvm.edu/cme
- To pay by check, payable to the University of Vermont, please mail your payment along with a completed registration form to the address below:

**UVM Continuing Medical and Interprofessional Education**  
401 Water Tower Circle, Suite 102,  
Colchester, VT 05446  
Phone: (802) 656-2292 Fax: (802) 656-1925

**Registration is requested by March 23, 2019**