

THE UNIVERSITY OF VERMONT CENTER ON AGING

Welcome

This month we highlight the educational work of the Center. Looking back to its beginning in 2006 up to the present day, the Center provides educational opportunities for those who interact with older adults.

The Education Core

In May of 2006, a working group headed by William W. Pendlebury, M.D. submitted a *White Paper on Aging-Related Activities at The University of Vermont*. The paper recommended re-energizing the existing "Center for the Study of Aging." To emphasize action with older adults, the name was changed to "Center on Aging." The mission of the Center and its core functions were arrived at by concensus of the working group. The core functions are research, social science and policy, and education.

The Education Core strengthens geriatric and gerontology education of undergraduate, graduate, nursing, and medical students; resident physicians; practicing physicians; nurses; and other health care professionals of all disciplines. The Center provides the resources to improve the expertise of all health care and human service providers throughout the state and the region in the care of older adults. In addition, the Center facilitates education on aging issues for the lay community, policy makers, and for those in other professions who interact with older adults."

In 2008, the Center hosted its first Gerontology Symposium which attracted a wide cross section of professionals and community members. In 2009, and for several years after, the symposium was held in two locations to provide opportunity for more statewide participation.

The symposium is only part of the educational mission of the Center. In 2018 the Center hosted the Beers Fund in Geriatrics Lecture, "Caring for the Caregiver." The Center connects older adults with students in the College of Nursing and Health Sciences and Department of Social Work as an intregal part of students' experiential learning. The VT-BRIDGES pilot program, a partnership between the Dementia Family Caregiver Center at UVMMC, the Department of Social Work and the Center on Aging, prepares MSW students for working with our older adults.

The Center is working across UVM to assist the university to embrace its designation as an "Age-Friendly University." Simply, to encourage the participation of older adults in the activities of the university and to encourage the university to plan with older adults and their needs in mind. Click for more information about Age-Friendly University.

A look back...



"I am glad to be able to support the Center on Aging at the University of Vermont. Their work is making a difference in the lives of Vermont's aging population."





In 2008, Lois McClure endowed the Center on Aging with a \$5 Million gift that enables our work to this day. She is pictured on this poster celebrating her gift with William Pendlebury, M.D., the first Director of the Center on Aging.

gerontology Symposium

Navigating End-of-Life Care and Transitions

Keynote: "Here Together: Building Connections in End-of-Life Care" Jaina Clough, M.D.

Sessions on building resilience, how to have difficult conversations, community resources, transition of care and much more.

May 7, 2024 at The DoubleTree South Burlington

There's still time ...



THE UNIVERSITY OF VERMONT LARNER COLLEGE OF MEDICIN

CONNECTING
GENERATIONS
TO ENRICH AGING



Advance the science of aging and longevity research at UVM!

Are you interested in studying Quality of Life of Older Vermonters, Aging in rural areas, Innovations in healthcare communication with older adults, Caregiving and aging, Resilience and longevity in Vermonters?

Apply for the UVM Center on Aging Pilot Grant Award!

Applications due April 30th, 2024.
Funds up to \$75K will be awarded July 1, 2024. Details including evaluation criteria are available: https://uvm.infoready4.com/#competitionDetail/1929196





Center on Aging | UVM Larner College of Medicine 802-656-0292 | aging@uvm.edu | med.uvm.edu/centeronaging Courtyard at Given, N208 | 89 Beaumont Avenue | Burlington, VT 05405

Who is eligible?

Early career faculty (within 10 years of their last degree) who have identified a committed mentor, and more advanced investigators interested in aging and longevity research are eligible. The Center on Aging is particularly interested in funding teams that include investigators from different departments or colleges.

Why is this a matching grant?

One of the core missions of the Center on Aging is to promote aging research engagement across the UVM campus. By providing matching grant funds the Center maximizes the impact of the pilot grant program. In order to not exclude potential grantees from applying, smaller budget requests of up to \$25,000 without matching funds will be considered on a case-by-case basis.



The Lake Champlain Memory Cafe is a collaboration with the Center on Aging, Age Well, Fletcher Free Library and the City of Burlington

Coming Events

April 30, 2024

Armin Grams Memorial Research Grant Proposal Deadline Submit through InfoReady

April 16, 2024

18th Annual Vermont Geriatrics Conference The DoubleTree <u>Information and Registration</u>

May 7, 2024

15th Annual Gerontology Symposium
The DoubleTree
Information and Registration

Center on Aging

The University of Vermont Larner College of Medicine
The Courtyard at Given, N208
89 Beaumont Avenue
Burlington, VT 05405
(802) 656-0292
aging@uvm.edu