

# COMMUNITY MEDICAL SCHOOL

## SPRING 2017

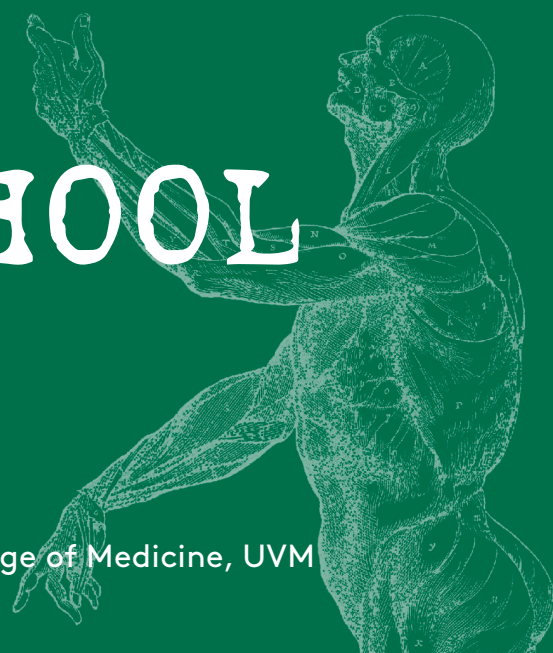
**WHEN:** First Tuesday of each month:

March 7, April 4, May 2, June 6

6:00–7:30 pm, with a Q+A Session.

**WHERE:** Carpenter Auditorium, Given Building, Larner College of Medicine, UVM

Plenty of free parking is available.



### FREE AND OPEN TO THE PUBLIC

Community members, students, staff and faculty – everyone is welcome to attend as many or as few lectures as you like!

THE  
University of Vermont  
MEDICAL CENTER



The University of Vermont  
LARNER COLLEGE OF MEDICINE

### March 7 >

#### Happiness: Exploring the Science of Well-Being

*Andrew Rosenfeld, M.D.,  
Assistant Professor of Psychiatry*

Can money buy happiness and do we have the ability to change our minds? Learn about the history of positive psychology, the brain's ability to reorganize itself, and the science behind relationships and happiness.



### April 4 >

#### Battle of the Bacteria: Antibiotic Resistance and the Evolution of Superbugs

*W. Kemper Alston, M.D., M.P.H.,  
Professor of Medicine and Division Chief,  
Infectious Disease*

Explore a brief history of antibiotics and the mechanisms that lead to antibiotic resistance. Gain an understanding of “superbugs” – bacteria that are resistant to many common antibiotics – what they are, how they evolved, and what we need to do to slow their spread.



### May 2 >

#### Conversations in Serious Illness: Improving Clinician-Patient-Family Communication

*Robert Gramling, M.D., D.Sc., Associate  
Professor of Family Medicine and Holly &  
Bob Miller Chair in Palliative Medicine*

Encouraging highly effective communication between clinicians and seriously ill patients and their loved ones is at the core of the Vermont Palliative Care Communication Initiative. Find out about the rationale, design, and implementation of this innovative and timely public health project from a national expert and UVM's first endowed chair in palliative medicine.



### June 6 >

#### Facilitated Book Discussion: *When Breath Becomes Air* by Paul Kalanithi

*Robert Macauley, M.D., Professor of  
Pediatrics and Medical Director,  
Clinical Ethics*

Head to your local library, e-reader or bookstore and get a copy of *When Breath Becomes Air* by Paul Kalanithi, M.D., a neurosurgeon diagnosed with stage 4 lung cancer who died in 2015. The group will discuss such issues as how we deal with an unexpected and undeserved impending death, determine the legacy we leave behind, and how we wish to be remembered.



For more information, visit [www.UVMHealth.org/MedCenterCMS](http://www.UVMHealth.org/MedCenterCMS) or call (802) 847-2886



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Permit #2

## You don't have to be a brain surgeon to attend.

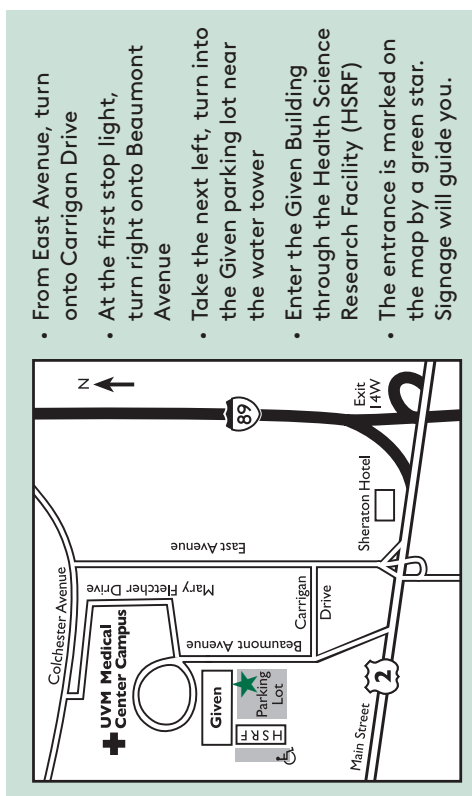
*Come learn about the science of medicine, and get an insider's view of the latest medical treatments and research.*

**WELCOME** to the Spring 2017 semester of Community Medical School, a series of evening lectures where you'll learn from the top faculty experts who teach and inspire the next generation of physicians and scientists at the Robert Larner, M.D. College of Medicine at The University of Vermont and The University of Vermont Medical Center.

### VIDEOS AND INFORMATION

Interested in checking out past Community Medical School lectures? Videos and informational handouts from previous sessions are available on our archive page at [www.uvm.edu/medicine/cms\\_archives](http://www.uvm.edu/medicine/cms_archives).

THE  
University of Vermont  
MEDICAL CENTER  
Marketing and Communications  
1 South Prospect Street  
4th Floor  
Burlington, VT 05401



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## SEMINAR TOPICS

- The Science of Happiness
- Antibiotic Resistance & Superbugs
- Communication in Palliative Care
- Book Discussion:  
"When Breath Becomes Air"

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