

# Bibliography on Concussion and Young Athletes

## Websites

### **Heads Up to Brain Injury Awareness – Centers for Disease Control Prevention.**

This website is from the Centers for Disease Control and Prevention and has a wealth of information on concussion and young athletes. Topics include online concussion training for all participants in youth sports from coaches to parents and information on proper equipment.

<http://www.cdc.gov/headsup/>

### **Sports Concussion Resources – American Academy of Neurology**

This website is from the American Academy of Neurology. There is a link to the Academy's free app "Concussion Quick Check" as well as clinical guidelines on concussion diagnosis and treatment.

<https://www.aan.com/concussion>

For assistance finding health information please contact the Frymoyer Community Health Resource Center at The University of Vermont Medical Center.

**Frymoyer Community Health Resource Center**  
**3rd Level Main Pavilion, University of Vermont Medical Center Campus**  
**802-847-8821 or Resourcecenter@UVMHealth.org**  
**UVMHealth.org/MedCenterCHRC**

