

Chopan '17 and Littenberg Study on Chili Peppers' Effect on Mortality Featured in International Media

(JANUARY 13-FEBRUARY 10, 2017) Researchers from the Larner College of Medicine at the University of Vermont have found a link between consuming red hot chili peppers and overall mortality. Medical student Mustafa Chopan '17 and Professor of Medicine Benjamin Littenberg, M.D., recently published a study in *PLoS ONE* that examined National Health and Nutritional Examination Survey (NHANES) III data and found that participants who consumed hot chili peppers had a 13% decrease in mortality.

NATIONAL MEDIA:

[New York Times](#), [CBS News](#), [New York Daily News](#), [U.S. News & World Report](#), [UPI \(United Press International\)](#), [WebMD](#), [ScienceDaily](#), [Medical News Today](#), [HealthDay](#), [Medical Daily](#), [Yahoo! News](#), [ScienceBlog](#), [Vice](#), [Philly.com](#), [CBS Philly](#), [States Chronicle](#), [Big Think](#), [WWL-FM 105.3](#), [eMax Health](#), [WellBeing](#), [HealthCentral](#), [SRJ News](#), [Daily Sabah](#), [Tasting Table](#), [BABW News](#), [Latinos Health](#), [Fox-31 Denver](#), [PerfScience](#), [Bustle](#), [Louisiana Radio Network](#), [Genetic Engineering & Biotechnology News](#), [Readers Digest Online](#), [American Council on Science and Health](#)

INTERNATIONAL MEDIA:

[International Business Times](#), [Huffington Post UK](#), [Huffington Post Canada](#), [Mirror](#), [Daily Mail](#), [The Telegraph](#), [NHS](#), [The Sun](#), [The Sydney Morning Herald](#), [Gold Coast Bulletin](#), [Herald Sun](#), [The Southland Times](#), [SputnikNews](#)

LOCAL NEWS:

[WPTZ-TV Channel 5](#), [MyChamplainValley](#)