Speakers – 2019 Gerontology Conference

Francesca Arnoldy, Lead Instructor, UVM End of Life Doula Certificate, Certified Doula and Childcare Educator

Francesca Arnoldy, UVM alumna and longtime birth worker, is the course developer, facilitator, and program director of the University of Vermont Larner College of Medicine’s End-of-Life Doula Professional Certificate Program. She is author of *Cultivating the Doula Heart: The Essentials of Compassionate Care* and leads in-person workshops about doula approaches and end-of-life wishes. Her goal is to encourage people to hold one another’s hands through life’s intensities and sacred rites of passage. She recently founded Contemplative Doula as a resource to help people to prepare for birth, death, and life with the doula heart. Francesca lives in Hinesburg, VT with her family.

Diana Barnard, MD

Diana Barnard is a native Vermonter, is Board Certified in Hospice and Palliative Care as well as in Family Practice. After more than 17 years in private practice in Addison County, she is a Palliative Care Medicine Physician at University of Vermont Medical Center and an Assistant Professor at the University of Vermont College of Medicine. She has served on the Ethics and Palliative Care Committees and Board of Directors of Porter Hospital and also on the board of Hospice Volunteer Services of Addison County, and, prior to her present position, was the Medical Director and an active board member of Helen Porter Healthcare and Rehabilitation Center. She is a passionate advocate for holistic, comprehensive and patient directed care at the end of life.

Zail Berry, MD, MPH, FACP, UVM Health Network Home Health & Hospice

Cindy Bruzzese, MPA, MSB, Executive Director & Clinical Ethicist, Vermont Ethics Network

Cindy Bruzzese, MPA, MSB, Executive Director & Clinical Ethicist of the Vermont Ethics Network Since 2008, Cindy has been the Executive Director of the Vermont Ethics Network (VEN), a statewide nonprofit organization working to promote ethics as a core component of health care and health care decisions for individuals, clinicians, health care organizations, policy-makers and the community at large. She is also:

- Chair of the Ethics Committee for the State of Vermont Department of Disabilities, Aging and Independent Living (DAIL),
- Serves on the clinical consult team for the Central Vermont Medical Center Ethics Committee
- Directs the Statewide Task Force on Palliative Care and Pain Management.

Cindy earned her BA from Colby College in Waterville, ME, a Master’s in Public Administration (MPA) from the University of Vermont and a Masters in Clinical Ethics (MSB) from Clarkson University & the Icahn School of Medicine at Mount Sinai in New York. Additionally, she holds a certificate in bioethics with a specialization in health policy and law.
A native Vermonter, Cindy lives in central Vermont with her husband and two children.

Larry Detweiler, Chaplain, Central Vermont Home Health and Hospice (CVHHH)

Rev. Larry Detweiler, MDiv, pastors two rural churches in VT since 2004. In 2013, he began hospital chaplaincy training at UVM Medical Center, completing the four terms of Clinical Pastoral Education
(CPE) in 2016, with an emphasis on spiritual care in a hospice setting. He is in his 5th year as the Interfaith Hospice Chaplain for CVHH&H.

**Jewelene Griffin, RN, Director of Hospice & Palliative Care, Central Vermont Home Health and Hospice (CVHHH)**

Jewelene Griffin joined CVHHH in July, 2016 as Director of Hospice & Palliative Care. Jewelene has almost 20 years of experience working in for-profit hospice management. Over the course of her career, she has served in operations and compliance oversight and in regional and national management roles serving rural and urban areas. Shortly after earning her Nursing license, Jewelene began working in hospice. Before joining CVHHH, she served as the Vice President of Hospice, managing 10 hospice agencies in five states in the southeast.

Of her work in hospice, Jewelene says: “I feel it is a privilege, as a hospice provider, to be a part of a patient’s and family’s life and to be a member of the team wrapping individuals in compassionate care at the end of life.” In her role at CVHHH, Jewelene looks forward to helping central Vermonters understand the benefits of hospice. “I am passionate about dispelling common myths about hospice and helping patients and their families connect with resources when it’s right for them.” Jewelene, a Georgia native, lives in Pomfret.

**E. Rosy Hill, MD, UVM Medical Center and Larner College of Medicine**

Dr. Rosy Hill is a geriatrician at the University of Vermont Medical Center and an assistant professor of General Internal Medicine and Geriatrics at The Larner College of Medicine at UVM. She completed her residency in Internal Medicine at the University of Vermont College of Medicine and a fellowship in Geriatrics at the Yale University School of Medicine.

**Diana Moore, MA, Bereavement Coordinator, Central Vermont Home Health and Hospice (CVHHH)**

Diana Moore, MA, of Danville, joined CVHHH at the end of 2016 as the agency's Bereavement Coordinator. A longtime resident of Danville, Diana has a background in psychology, education, and counseling. She is also an ordained interfaith minister and a published writer.

Most recently, Diana worked as a school-based clinician, providing individual counseling to children in grades K through 8. In this position, Diana dealt with grief and loss daily, as she worked with many children and families challenged by mental illness and substance abuse. Diana also has experience as a volunteer coordinator and bereavement co-coordinator at a hospice in New York state. Diana believes that supporting families through the grieving process is work that she is meant to do. “In my role as Bereavement Coordinator, I want to support families who are grieving and help people find hope where there often seems to be none.”

Diana works as a member of the Central Vermont Home Health and Hospice’s interdisciplinary hospice team, providing support to patients and to their families beyond the lifespan of the patient (for up to 12 months) to assist in the grieving process. In addition, Diana co-coordinates weekly free bereavement support groups for members of the community. Groups are held at the CVHHH office in Barre and are open to the public.
Lisy (Elizabeth) McIntee, MSW, UVM Health Network Home Health & Hospice
Lisy is a Hospice and Palliative Care Social Worker with UVM Health Network Home Health & Hospice (formerly the VNA). She has a Master’s Degree in Social Work from Bryn Mawr and an undergraduate degree in Peace, War, and Defense from the University of North Carolina. Lisy is originally from Philadelphia, where she worked as a social worker with a palliative care consult service in an inner-city hospital. Lisy also has a background working with veterans at the VA Hospital in Philadelphia, and with refugees and asylum seekers through her work at a refugee resettlement agency. Lisy is passionate about bringing palliative care and advance care planning discussions to diverse populations, earlier in the disease process.

Kathi Montheith; Principal, KJM Guardianship

Kathi is a native Vermonter, having grown up in Burlington. She spent most of her adult career in sales and marketing but her interest in our aging population began as a child. She grew up spending much of her time with elderly relatives, being exposed to the joys and the challenges they, and the entire extended family, faced as they aged. Caring and advocating for older adults became a way of life. "At a young age I learned that it is a privilege to learn from and serve older adults."

Over the years Kathi founded dementia support groups for family caregivers as well as younger adults suffering from forms of dementia. She served on the board of directors of Age Well (formerly CVAA) for six years, President for five of those years. She founded Vermont Elder Resource Group (VERGVT), a membership organization of for profit and non-profit professionals serving the Vermont elder community. She is also a member of the National Guardianship and Adult Protective Services Associations. Kathi has provided education and support services to families, individuals and staff at care facilities and home care agencies. She brings extensive experience in the realm of hospice care having utilized the services for her parents and several clients. The fact that each family member and client is different, the need for the various hospice services has been critical to meeting the medical and emotional needs of the person on hospice as well as those surrounding that loved one.

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Ally (Allyson) Parker, MA, Bereavement Services Coordinator, UVM Health Network Home Health & Hospice

Ally Parker, MA, is a mental health counselor and the Bereavement Services Coordinator for the UVM Health Network Home Health and Hospice. In this role, Ally provides grief counseling for individual families, facilitates support groups, and serves as the director of Camp Knock Knock, an annual bereavement camp for VT families. She has focused her practice on supporting grieving families for 15 years. In addition, Parker provides professional caregiver grief support to clinical staff in several senior housing and assisted living facilities in Chittenden County.

John M. Saroyan, MD, FAAP, HMDC, BAYADA Hospice Medical Director for Vermont and New Hampshire

Dr. Saroyan has dedicated his entire medical career to hospice and palliative care. He was a full-time faculty member at Columbia University for ten years, where he was Program Director for the Hospice and Palliative Medicine Fellowship and attained the rank of Associate Clinical Professor. He is a board certified pediatrician with sub-specialty certification in Hospice and Palliative Medicine, and is a Certified™ Hospice Medical Director. His expertise extends across the lifespan.

In 2013, Dr. Saroyan became the first full-time Hospice Medical Director for BAYADA Home Health Care’s hospice practice, based out of its office in Norwich, Vermont. Under his medical leadership, the BAYADA Hospice Program has grown from a census of just over 100 in Vermont and the bordering counties in New Hampshire to over 300 with new offices in both states.

A well-published scholar with multiple peer-reviewed publications, Dr. Saroyan maintains faculty appointments in the Department of Medicine at the Geisel School of Medicine at Dartmouth College and the Department of Pediatrics at the University of Vermont College of Medicine. He was quoted in the The New York Times because of his widely recognized expertise in pediatric palliative care and hospice; called an “emerging leader” by the State Initiatives in End-of-Life Care; and featured in an online interview by blogger Laurie Kienlin.

Karen Wyatt, MD

Dr. Karen Wyatt is the bestselling author of the book, What Really Matters: 7 Lessons for Living from the Stories of the Dying. Dr. Wyatt’s book contains stories of patients she cared for as a hospice doctor and the spiritual lessons she learned from them at the end of their lives.

Dr. Wyatt also hosts End-of-Life University, an online interview series that features conversations with experts who work in all aspects of end-of-life care.

She is widely regarded as a thought-leader in the effort to transform the way we care for our dying in the U.S. In addition, she is valued for her application of spiritual principles to illness and healthcare, and teaches that in order to live life fully we must each overcome our fear of death and embrace the difficulties that life brings us.

Her website: www.eoluniversity.com