<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
<th>Title</th>
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<tbody>
<tr>
<td>12:05-12:15</td>
<td>Opening Remarks</td>
<td>Anya S. Koutras, MD, FAAFP, IBCLC</td>
<td>Associate Professor of Family Medicine and Director of Fourth Year Electives and Specialty Advising, Robert Larner M.D. College of Medicine at the University of Vermont (UVM)</td>
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<td>12:15-1:00</td>
<td>What is Patient-Centered Cardiac Testing?</td>
<td>Friederike K. Keating, MD</td>
<td>UVM Professor of Cardiology, Director, Nuclear Cardiology Program Director, Cardiovascular Fellowship</td>
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<td>1:10-1:55</td>
<td>Contraceptive Counseling</td>
<td>Lauren K. MacAfee, MD</td>
<td>UVM Assistant Professor of Obstetrics and Gynecology Director, Ryan Residency Training Program in Family Planning</td>
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<td>1:55-2:25</td>
<td>Break</td>
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<td>2:25-3:10</td>
<td>Pearls from the Urgent Care – The Wonders of Walk In!</td>
<td>Jennifer B. Bamford, MD</td>
<td>UVM Assistant Professor of Family Medicine Urgent Care Family Medicine</td>
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<td>3:20-4:05</td>
<td>Special Topics in Chronic Liver Disease Seen in Primary Care</td>
<td>Steven Lidofsky, MD, PhD</td>
<td>UVM Professor, Medicine Director, Hepatology</td>
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<td>4:15-5:00</td>
<td>Musculoskeletal Telemedicine</td>
<td>Kimberly A. Sikule, MD</td>
<td>UVM Assistant Professor of Family Medicine Family Medicine Physician</td>
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<td>5:00</td>
<td>Adjourn</td>
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Wednesday, June 9, 2021

8:00-8:45   Sexual Dysfunction in People with a Vulva and Vagina
            Clara M. Keegan, MD
            Associate Professor of Family Medicine
            Family Medicine Physician

8:55-9:40   Anxiety Disorders: A Primer for Primary Care
            Kelly-Anne C. Klein, MD
            UVM Assistant Professor of Psychiatry

9:40-10:10   Break

10:10-10:55  Neuropathy: Screening, Diagnosis and Treatment
             Noah A. Kolb, MD
             UVM Associate Professor of Neurological Sciences
             Co-Director of the Neurology Clerkship and Acting Internships

11:05-11:50  Common Eye Issues in Primary Care
             Sujata N. Singh, MD
             UVM Assistant Professor of Ophthalmology
             Ophthalmologist

12:00-12:45  Anticoagulation Management
             Karen Libby, BSN
             Hematology/Oncology

12:45-1:30   LUNCH BREAK

1:30-3:00    Concurrent Workshops:

             Alcohol and Substance Use: Screening and Patient Experience
             Michelle L. Cangiano, MD
             UVM Assistant Professor of Family Medicine
             MD Site Leader, Hinesburg

             Alicia A. Jacobs, MD
             UVM Associate Professor of Family Medicine
             Vice Chair, Clinical Operations
             Special Liaison to One Care VT

             Cardiology Cases
             Robert M. Lobel, MD
             UVM Assistant Professor of Cardiology

3:00-3:30    Break
3:30-5:00 Concurrent Workshops:

**Talk Vermont (Title TBD)**
Stephen Berns MD  
UVM Assistant Professor of Family Medicine  
Director of Education, Division of Palliative Medicine

Ben R. Clements, MD  
UVM Assistant Professor of Family Medicine

**Yoga in Healthcare – Yogic Techniques to Improve Breathing**
Janet Carscadden, PT, DPT, E-RYT, YACEP  
Owner – Evolution PT and Yoga Studio Inc.

5:00 Adjourn
Thursday, June 10, 2021 – VERMONT DAY

7:50-8:00  Welcome
Anya S. Koutras, MD, FAAFP, IBCLC
Associate Professor of Family Medicine and Director of Fourth Year Electives and Specialty Advising,
Robert Larner M.D. College of Medicine at the University of Vermont

8:00-8:45  COVID-19: What we’ve learned
Timothy P. Lahey, MD, MMSC
UVM Professor of Medicine/Infectious Disease
Director of Medical Ethics

8:55-9:55  Opiate Use Disorder Treatment
Katie Marvin, MD
Primary Care Physician, Stowe, VT

9:55-10:25  Break

10:35-11:20  Transition to Hospice Care
Ann S. Laramee, APRN
UVM Cardiology and Palliative Medicine Nurse Practitioner

11:30-12:15  Systemic Racism and Health Inequities
Anthony R. Williams, MD
UVM Assistant Professor of Family Medicine

12:15-12:25  Welcome, Katie Marvin, MD, President, Vermont AFP (sponsor of Vermont Day) and
UVM Family Medicine Department Awards

12:25-1:25  LUNCH

1:25-2:10  Journal Club: Practice Changers for 2021
John G. King, MD, MPH
UVM Professor and Associate Dean for CMIE
Family Physician, Family Medicine – Milton

2:20-3:05  Updates on the Pediatric Medical Home
Stanley J. Weinberger, MD
UVM Associate Professor of Pediatrics
Division Chief, Pediatric Primary Care

3:05-3:20  BREAK

3:20-4:05  Dermatology Cases
Melanie R. Bui, MD, PhD
UVM Assistant Professor of Dermatology

4:15-5:00  Update on Osteoporosis
Jennifer J. Kelly, DO
UVM Associate Professor of Endocrinology
Director of the Metabolic Bone Program

5:00  Adjourn
Friday, June 11, 2021

8:00-8:45  The Otolaryngologist’s Approach to the Dizzy Patient
George Kurien, MD
UVM Assistant Professor of Otolaryngology

8:55-9:40  Gout for Primary Care
Scott D. Legunn, MD
UVM Assistant Professor of Rheumatology

9:40-9:55  Break

9:55-10:40  Screening Breast Ultrasound: A Primer for Primary Care
Elizabeth J. Watson, MD, MPH
UVM Assistant Professor of Radiology
Diagnostic Radiologist

10:40-11:00  Break

11:00-11:45  Adolescents on the Gender Spectrum
Erica J. Gibson, MD
UVM Associate Professor
Division Chief, Adolescent Medicine

11:55-12:40  Type 2 Diabetes Update
Juan Pablo Perdomo Rodriguez, MD
UVM Assistant Professor of Endocrinology

12:40  Adjourn